

#### Weirdos and Wildebeests: Encountering Conflicting...Personalities

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# We are all different





#### What is Conflict?





## **Taming the Wildebeest**

Interpersonal

Customer Service

• Leadership



- Understand the weirdness
  - Its creation
  - Our responses
  - The destructive results
- Harness the weirdness
  - Personal
  - Relational
  - Organizational

# Interpersonal weirdness



## **The Birth of Conflict**

- Triggers
- Fuel
- Effects

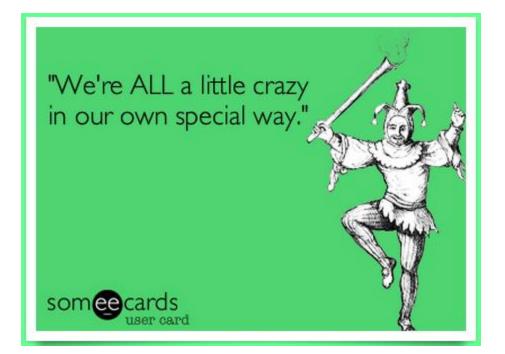


# **Triggers for Conflict**

- Diversity
  - Natural differences in preferences and priorities
- Misunderstandings
  - Issues with communication
- Self-focused Attitudes

- Sense of entitlement or focus on personal needs







# **Fuel for Conflict**

- Reactions to triggers
  - What do we do with feels that arise from diversity, misunderstandings and self-focus?
- Out-of-control desires
  - Is there anything that you want so much that you are willing to hurt others over?
- Cultural messages
  - "you're worth it" and "have it your way"



### **Negative Responses**

- Explode
  - "Fight"
  - Retaliate in words or actions
  - Verbal assault to physical violence





- Stuff it
- "Flight"
- Retaliate with silence or gossip
- Denial to self-harm



Responding from your "Medulla Oblongata"





## **Negative Effects**

- Open hostility
- Unpleasant environment
- Unhappy individuals
- Lack of teamwork
- Less productivity
- Loss of good people



"This is Dr. Fredericks, the company's psychiatrist. He's here to determine whether or not your disgruntled."



# The Redemption of Conflict

 When understood and dealt with, conflict can be embraced and harnessed as a path to greater success. It can serve to strengthen us as individuals, enhance our relationships and can move our office on to becoming more effective.



# Changing the Course of Conflict

- Identify the triggers
- Acknowledge your desires
- Assessing our view of others
- Filtering messages/advice
- Altering our response
- Don't make it personal
- Focus on the solution



#### **Positive Responses**

#### • Overlook

- After reflection if the offense was minor and can be left behind
- No lingering effects

#### Engage

- Work one on one with the individual to explain and work through issues
- Listen and explore mutually agreeable options
- Mediation
  - Seek the input and assistance of a neutral figure



#### **Positive Effects**

#### Personal

- Live your values
- Enjoy your work more
- Freedom from stress & bitterness
- Relational
  - Make a friend & ally
  - Collaboration
  - Peace



# **Positive Effects**

- Organizational
  - Increased Trust
  - Greater teamwork
  - Positive environment
  - Safe to present ideas

- Safe to constructively challenge ideas
- Better solutions
- Accountability
- Mission-effective



# Weirdos outside the Herd

- Steps to dealing with angry student and parent wildebeests:
  - Keep Calm
  - Don't take it personally
  - Let them be heard





- Steps to dealing with angry student and parent wildebeests:
  - Actively sympathize
  - Apologize gracefully
  - Provide a path to resolution
  - Take a break



# **Tips for the Head Weirdo**

- Recognize the existence and power of conflict
- Analyze your own contributions
- Be vulnerable and promote trust
- Address unresolved conflict
- Be objective/don't take sides
- Train on conflict resolution
- Seek outside help
- Identify and remove toxic wildebeests



# **Contributing Resources:**

- The Peacemaker by Ken Sande
- The Eight Essential Steps to Conflict Resolution by Dudley Weeks
- Unglued by Lysa TerKeurst
- The Advantage by Patrick Lencioni



#### Deep thoughts, comments, conflicting views of reality or questions for the weirdo up front...

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