SASFAA New Aid Officers Workshop

Items You Will Need to Bring

* Blanket or sleeping bag
* Sheets (the mattresses are twin extra long . You can use Twin XL sheets or flat king/queen sheets)
* Pillow
* Towels / Wash cloth
* Toiletries (soap, shampoo, toothpaste, etc). Shower curtain and toilet paper are provided.

Suggested Items to Bring

* Swap item (t-shirt, mug, water bottle)
* Tennis shoes/comfortable walking shoes
* Comfortable clothing (shorts, t-shirts, etc.)
* Jacket/sweater (classroom could be cool)
* Pens/pencils, notebook
* Bath mat/rug
* Umbrella / rain jacket
* Calculator
* Hand held mirror
* Electronic devices (cell phone, laptop, iPad, iPod, etc.)
* Chargers for electronic devices
* Alarm clock
* Iron
* Blow dryer, flat iron, curling iron, etc.
* Personal snacks and drinks
* Paper cups